2025 Ohio State Meeting June 27-28

11

<u>EKTIV</u>[]

Taking Care of the Shepherd

1 Kings 19

Pastors Who Have Committed Suicide

When Getting Down Gets Dangerous





Isaac Hunter



Andrew Stocklein

New
Pastor Growing Dead Wife Reportedly Shoots Himself in
Front of Mother and Son

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Ed Montgomery

Beloved Pa. pastor committed suicide by jumping to his death, coroner rules



John Garner





The pastor of a church in Macon, Ga., fatally shot himself betwee Sunday services.

Larrinecia Sims Parker, wife of the Rev. Teddy Parker Jr., found the pastor in the driveway of their home with a self-inflicted gunshot wound, Houston County coroner Danny Galpin reports. The couple has two

Terry Parker, Jr.

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Pastor Jarrid Wilson died hours after officiating funeral of suicide victim



Jarrid Wilson

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Elias was a man subject to like **passions as we are**, and he prayed earnestly that it might not rain: and it rained not on the earth by the space of three years and six months. James 5:17





Concerns	Percentage of Participants
Anxiety	49
Ministry issues	37
Depression	35
Marriage	32
Grief	29
Sexual issues (e.g., pornography, addiction)	8
Trauma	8
Family issues	7
Other	8



Shepherds experience ministry problems.

19 And Ahab told Jezebel all that Elijah had done, and withal how he had slain all the prophets with the sword. ² Then **Jezebel sent a messenger unto Elijah**, saying, So let the gods do to me, and more also, if I make not thy life as the life of one of them by to morrow about this time. 1 Kings 19:1-2



Shepherds experience anxiety.

³ And when he saw that, he arose, and **went for his life**, and came to Beersheba, which belongeth to Judah, and left his servant there.



Shepherds get lonely.

³ And when he saw that, he arose, and went for his life, and came to Beersheba, which belongeth to Judah, and **left his servant there**.



It has been a great encouragement in finding out that I am not in this battle **alone**. Pastoring can sometimes feel like you are in a cave all alone and nobody else cares. It was a comfort to hear God's still small voice say that there are others in this same battle and then be able to talk to a counselor about the issues that come up.



Shepherds get depressed.

⁴ But he himself went a day's journey into the wilderness, and came and sat down under a juniper tree: and he **requested for himself that he might die**; and said, It is enough; now, O Lord, **take away my life**; for **I am not better than my fathers**.



There is a biblical principle that light dispels darkness. I've always thought of this in terms of the light of Christ or God's word exposing the darkness of sin. But I have found that this same truth applies to Godly council exposing and, when applied, dispelling the darkness of the soul.



Shepherds need shepherding.

⁵ And as he lay and slept under a juniper tree, behold, then **an angel touched him**, and said unto him, Arise and eat.



Focus on your sleep.

⁵ And as he lay and slept under a juniper tree, behold, then an angel touched him, and said unto him, **Arise** and eat.



Focus on your diet.

⁶ And he looked, and, behold, there was a cake baken on the coals, and a cruse of water at his head. And he did **eat and drink**, and laid him down again.



Focus on your routine.

⁷ And the angel of the Lord came again the second time, and touched him, and said, Arise and eat; because the journey is too great for thee.

⁸ And he arose, and did eat and drink, and went in the strength of that meat forty days and forty nights unto Horeb the mount of God.

1 Kings 19:7-8



Find someone to ask you probing questions.

⁹ And he came thither unto a cave, and lodged there; and, behold, the word of the Lord came to him, and he said unto him, **What doest thou here, Elijah?**



Focus on your thinking.

¹⁰ And he said, I have been very jealous for the Lord God of hosts: for the children of Israel have forsaken thy covenant, thrown down thine altars, and slain thy prophets with the sword; and I, even I only, am left; and they seek my life, to take it away.
¹⁴ And he said, I have been very jealous for the Lord God of hosts: because the children of Israel have forsaken thy covenant, thrown down thine altars, and slain thy prophets with the sword; and I, even I only, am left; and they seek my life, to take it away.
1 Kings 19:10-14



Get outside.

¹¹ And he said, Go forth, and stand upon the mount before the Lord. And, behold, the Lord passed by, and a great and strong wind rent the mountains, and brake in pieces the rocks before the Lord; but the Lord was not in the wind: and after the wind an earthquake; but the Lord was not in the earthquake:

¹² And after the earthquake a fire; but the Lord was not in the fire: and after the fire a still small voice.

1 Kings 19:11-12



Keep spending time with the Lord.

And it was so, when Elijah heard it, that he wrapped his face in his mantle, and went out, and stood in the entering in of the cave. And, behold, there came a voice unto him, and said, What doest thou here, Elijah?

1 Kings 19:11-13



Devotional Meditation³⁵

- 1. Sit quietly and pray. (2 minutes)
- 2. Read a Scripture passage. (2-5 minutes)
- 3. Answer these questions:
 - a. What is the meaning of this passage? (2 minutes)
 - b. What does this passage mean for me? (2 minutes)
 - c. What does this passage promise? (2 minutes)
 - d. How can I apply this passage to my life today? (2 minutes)
- 4. Pray. (5 minutes)
- 5. Sit quietly and reflect. (5 minutes)



Keep ministering.

¹⁵ And the Lord said unto him, Go, return on thy way to the wilderness of Damascus: and when thou comest, anoint Hazael to be king over Syria:
¹⁶ And Jehu the son of Nimshi shalt thou anoint to be king over Israel: and Elisha the son of Shaphat of Abelmeholah shalt thou anoint to be prophet in thy room.

¹⁷ And it shall come to pass, that him that escapeth the sword of Hazael shall Jehu slay: and him that escapeth from the sword of Jehu shall Elisha slay.

1 Kings 19:15-18



Correct faulty thinking with the truth.

¹⁵ And the Lord said unto him, Go, return on thy way to the wilderness of Damascus: and when thou comest, anoint Hazael to be king over Syria:
¹⁶ And Jehu the son of Nimshi shalt thou anoint to be king over Israel: and Elisha the son of Shaphat of Abelmeholah shalt thou anoint to be prophet in thy room.

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1 Kings 19:15-18



Correct faulty thinking with the truth.

¹⁸ Yet I have left me **seven thousand** in Israel, all the knees which have not bowed unto Baal, and every mouth which hath not kissed him.



Keep investing in the lives of others.

¹⁹ So he departed thence, and found Elisha the son of Shaphat, who was plowing with twelve yoke of oxen before him, and he with the twelfth: and Elijah passed by him, and cast his mantle upon him.



²⁰ And he left the oxen, and ran after Elijah, and said, Let me, I pray thee, kiss my father and my mother, and then I will follow thee. And he said unto him, Go back again: for what have I done to thee?

²¹ And he returned back from him, and took a yoke of oxen, and slew them, and boiled their flesh with the instruments of the oxen, and gave unto the people, and they did eat. Then he arose, and went after Elijah, and **ministered unto him**. **1 Kings 19:20-21**

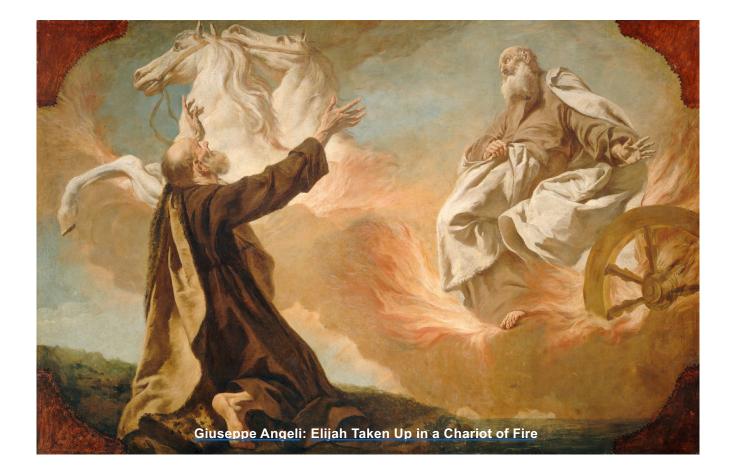


Wish it was available 30 years ago for pastors and families.



And Ahab said to Elijah, Hast thou found me, O mine enemy? And he answered, I have found thee: because thou hast sold thyself to work evil in the sight of the Lord. **1 Kings 21:20**





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